

Course Syllabus

Life Skills for the Maturing Christian - Course Syllabus

Description:

Life Skills for the Maturing Christian is designed to explore various aspects of Christian living and personal development. Students will delve into topics ranging from hygiene and lifestyle choices to relationships, decision-making, and career planning, all through the lens of Christian values. The course aims to foster holistic personal growth by integrating faith-based principles into daily living.



Textbook: Life Skills for the Maturing Christian © Excel Education Systems, Inc.

Course objectives:

Throughout the course, you will meet the following goals:

- Explain the connection between Christian values and clothing choices.
- Explain the significance of maintaining good nutrition, regular exercise, and sleep from a Christian standpoint.
- Articulate how honoring God through healthy living contributes to physical and mental well-being.
- Define what it means to be a follower of Jesus Christ.
- Analyze different types of relationships, including friendships, online relationships, and professional relationships, from a Christian perspective.

Contents:

1: Self Care	6: Decision-Making and Problem Solving
2: Maturing as a Christian	7: Goals and Learning
3: Christianity and the Family	8: Planning for Your Future
4: Becoming a Confident Christian	9: Managing Your Finances
5: Christian Relationships	10: Caring for Your Home

Grading Scale

A = 90-100%

B = 80-89%

C = 70-79%

D = 60-69%

F = under 59%

Grade Weighting

Quizzes..... 35%

Written Assignments..... 35%

Midterm Exam/Final Exam..... 30%

100%