



NORTHGATE ACADEMY

Health in Christian Perspective - Course Syllabus

Description:

This course gives students the tools to develop good spiritual and physical health with Health in Christian Perspective. It emphasizes staying healthy through proper diet, exercise, and personal hygiene; also, the course textbook gives tips for preventing disease and administering first aid. Biblical discernment is also encouraged as it applies to health regarding suicide, abortion, euthanasia, and organ donation. With 12 articles on different positions in the medical field, students may develop a passion for helping others, feel encouraged to be healthy physically and more importantly, spiritually.

Textbook: Health in Christian Perspective (A Beka – Code 202436)

Course objectives:

- Understand the connections and applications between the Bible and living a healthy physical and spiritual life.
- Show understanding of material through written assignments, quizzes, and final exam.

Contents:

Semester A

Chapter 1 – Developing a Healthy Body
Chapter 2 – Maintaining Personal Health
Chapter 3 – Keeping a Sound Mind
Chapter 4 – Practicing Personal Safety

Semester B

Chapter 5 – Administering First Aid
Chapter 6 – Preventing Diseases
Chapter 7 – Avoiding Drug Abuse
Chapter 8 – Pursuing Right Relationships

Grading Scale

A = 90-100%
B = 80-89%
C = 70-79%
D = 60-69%
F = under 59%

Grade Weighting

Quizzes..... 35%
Written Assignments... 35%
Final Exam..... 30%
100%